

KS4 - SPORTS STUDIES

OCR Cambridge National Sport Studies is a Level 2 vocational course which covers a range of topics associated with sport and also allows students to be assessed on their practical performance and sports leadership skills. This course consists of three components:

1. Performance & leadership skills – assessed through student's performance in two sports from the approved list, their ability to lead one sport, as well as assignments linked to specific topic areas.

2. Media in sport - assessed through a number of assignments linked to specific topic areas.

3. Contemporary issues in sport – assessed through a formal 70 mark exam covering topics such as barriers to participation, sporting values, hosting major events and the role of national governing bodies.

<https://www.ocr.org.uk/Images/610953-specification-cambridge-nationals-sport-studies-j829.pdf>

YEAR 10 CURRICULUM

Term	Unit delivered
1	R186 TA1 R186 Different sources of media in sport
2	R186 TA2 R186 Positive effects of media in sport
3	R186 TA3 Negative effects of media in sport
4	Completion of R186 Media in sport ready for final submission
5	R185 TA3 Session planning and risk assessment for sports leadership session
6	R185 TA4 delivery of sports leadership session R184 contemporary issues in sport

YEAR 11 CURRICULUM

Term	Unit delivered
1	R185 TA5 evaluation of sports leadership session R184 contemporary issues in sport
2	R185 TA2 analysis of sports performance R184 contemporary issues in sport
3	R185 TA2 analysis of sports performance and practical training to improve R184 contemporary issues in sport
4	Complete R185 for final submission Final revision for R184 contemporary issues in sport
5	R184 exam