



ELECTIVES

PROGRAMME 2026/2027

INTRODUCTION

We are delighted to offer 20 new Elective courses this year. The programme is tailored to students in Key Stage 3 and Key Stage 4, with some courses available to all students and others targeted at specific year groups. Students will make all of their Elective choices at once during Term 6 of the previous academic year (June 2026).

Each student will choose fifteen courses in total—five from each of the three sections of the programme. An algorithm will be used to generate timetables based solely on each student's individual choices. Once timetabled, Elective allocations are final and cannot be changed. Students will be able to view their selections and confirmed placements on the VLE.

Chargeable Electives will be offered in Term 1 (September 2026). These will be available on ParentPay rather than selected through the student survey. Students are limited to one chargeable Elective per academic year to ensure fair access for all. We ask that any requested documentation be returned promptly so that we can liaise with our external providers in good time.

The choices survey will be accessible through the VLE, and students will have the opportunity to complete their selections during a scheduled tutorial session in Term 6. This session will provide guidance and support to help students make informed decisions about their options.

SYMBOLS



Electives which show this symbol are suitable for adding to CVs and will come in useful as experience for university applications or post-16 applications.



Electives which show this symbol are courses which provide certificates on completion.

HELP & SUPPORT

Have a question about Electives? Visit the Hot Desk in the Library on Wednesday afternoon.

WHAT TO DO NEXT

1. Read through this booklet and identify Electives that you would like to take part in
2. Discuss your choices with your parent or carer.
3. Submit options using the VLE survey during Tutorial in Term 6. Remember to check your selections carefully as choices cannot be changed once the survey is submitted.

PLEASE NOTE

- Electives have a minimum number required to run. In the event of this number not being reached or insufficient contributions being received, the course will not run.
- For any questions or queries, please email electives@catmosecollege.com

COMPULSORY ELECTIVES

Due to the demands of some courses, there are a number of compulsory Electives to be aware of.

- Students following the Sports Scholarship will complete one term of the Improving Fitness Elective.
- Students taking part in the Duke of Edinburgh's Awards programme will complete this during Electives in Terms 2 and 3.
- Academic Scholars will complete one term of Oracy and Debating.
- Students taking part in the College musical will complete this during Electives in Terms 1 to 4.

Students following these courses should still make their other selections in the survey.



ELECTIVES PROGRAMME 2026/2027

ARTS

- Advanced CAD (KS4 only) **NEW**
- Affinity software editing (KS3 only) **NEW**
- Battle of the Bands
- Ceramic Light (KS3 only) **NEW**
- Children's Book Illustration
- Creating video games with Python
- Crochet **NEW**
- Computer Graphics
- Curious Creatures
- Delicious Desserts
- Engineering Challenge
- Fashion Illustration
- Food from Around the World (KS4 only)
- Happy Handbells **NEW**
- Interior Design
- Interior Design Master **NEW**
- Jewellery Making (KS3 only)
- Laser Cut Jewellery
- Lego Master **NEW**
- Let's Get Cooking (KS3 only)
- Manga Illustrations
- Mindful Origami
- Painting with watercolours
- Pet Portraiture
- Playwright **NEW**
- Pottery Throw Down **NEW**
- Printmaker (KS3 only)
- Soft Toys (KS3 only)
- Songwriting (KS3 only) **NEW**

CULTURAL

- Astronomy
- Birdwatching
- Blood, Bones and Body Bits
- Book Club
- Bullet Journaling
- Card Games
- Catmose News
- Chess
- Coding
- Collective Worship **NEW**
- Crystal Calm **NEW**
- CSI Catmose
- Debating
- Dungeons and Dragons
- Escape Rooms (Year 9/10 only) *
- Exploding Minds (KS3 only)
- French Conversational Language
- GeoGuessr
- Greenpower **NEW**
- Hair & Beauty (KS3 only) *
- Harry Potter club
- Horrible Histories (KS3 only)
- Horses and Horse Care
- Landscaping **NEW**
- Logic Puzzles
- Marvel Film Club (KS4 only) **NEW**
- Musical Movie Club
- Oracy & Debating (Scholars only) **NEW**
- Parliamo Un Po'
- Plant Lab (KS3 only) **NEW**
- Race Across the World
- Root & Branch Out **NEW**
- Star Wars Universe
- Science Fair
- Sign Language
- Virtual Travel Around the World
- Viva Brasil!
- Write a Book
- Year 11 Yearbook and Prom committee
- Quizzes and Trivia **NEW**

PHYSICAL

- Badminton
- Bowling (OFFSITE) *
- Climbing (OFFSITE) *
- Cricket
- Darts
- Dodgeball
- Duke of Edinburgh's Award (Year 9/10 only) *
- Football
- Flat Ground Beginners Skateboarding (KS3 only) **NEW**
- Golf (OFFSITE) *
- Hiking (OFFSITE)
- Hockey
- Ice Skating (OFFSITE) *
- Improving Fitness
- Morris Dancing
- Multisport
- Netball
- Rounders
- Rugby
- Running (OFFSITE)
- Scottish County Dancing
- Snowboarding (OFFSITE) **NEW** *
- Trampolining
- Watersports (OFFSITE) *
- World Dance
- Yoga



NEW ADVANCED CAD (KS4 ONLY)

Develop 3D CAD modelling skills to design and make your own products. Master complex modelling techniques and other elements of CAD software such as stress simulation tests and CFD testing. You will be using the same software used in GCSE and A-level DT and Engineering and widely used in industry.

NEW AFFINITY SOFTWARE EDITING (KS3 ONLY)

Experience the new Affinity software at Catmose College and learn a range of creative and fun editing techniques. You'll have the opportunity to experiment with both primary and secondary photographs while developing your digital skills.

BATTLE OF THE BANDS (YEAR 8 UPWARDS)

Calling all rock and rock stars! This Elective is for students who are in a band or will form a band for the battle of the bands at the end of term 4!

REQUIREMENTS: You must either; be in a band, or be starting a band with friends or able to play an instrument to perform in the Battle of the Bands. Groups can be two-piece upwards.

NEW CERAMIC LIGHT

A functional light source and a decorative statement piece, this lamp is designed to bring both style and atmosphere into your space. Develop your ceramic modelling, wood work and soldering skills in this project.

CHILDREN'S BOOK ILLUSTRATION

Bring characters and stories to life by learning how to illustrate a children's book! You will be learning how to draw and develop fun characters, settings and concepts that appeal to a young audience.

CREATING VIDEO GAMES WITH PYTHON

Creating games beyond Scratch can be a daunting task, but with this Elective you will learn the basics of Python game development. From an RPG game to a tic-tac-toe game with an AI opponent, you will learn foundation knowledge of game design and implementation.

CROCHET

Learn how to crochet by starting with basic stitches and small projects such as a scarf, or a premature baby blanket which could be donated to a local hospital. Work at your own pace and enjoy this relaxing craft!

COMPUTER GRAPHICS

This Elective provides an introduction to the core principles of computer graphics, including pixels, coordinate systems, colour, 2D and 3D shapes, all through the use of Python. You'll learn how images are generated and modified on screen, explore visual effects like blending, and progress to creating 3D graphics and animations. The course is designed to give you a solid foundation for future creative and technical projects.

CURIOUS CREATURES

Learn to create a fun, unique model using papier-mâché. Craft a cute or curious character, dress it in hand-sewn clothes, and add charming accessories, perfect as a gift.

DELICIOUS DESSERTS

Are you a student with a passion for baking? Join our new delicious desserts Elective and learn all about how to make a range of tasty sweet creations from scratch. This is a great way to get creative in the kitchen and master a range of different presentation techniques.

REQUIREMENTS: Ingredients required each week.

ENGINEERING CHALLENGE 

An opportunity to work on an engineering project and develop a range of problem solving and practical skills.

FOOD FROM AROUND THE WORLD (KS4 ONLY)

Take a culinary tour on this Elective. Develop a range of skills while making a selection of dishes from countries around the world. Each week we will focus on a classic dish from a different part of the world to sample a range of new sweet and savoury flavours.

REQUIREMENTS: Ingredients required each week.

NEW HAPPY HANDBELLS

Would you like a musical Elective where counting to 4 is the most important skill? Look no further - come and join the handbells team and have fun working together to ring traditional and modern tunes. No experience necessary, just be willing to work as a team.

INTERIOR DESIGN

Interior design is all about how we experience spaces. It's a powerful, essential part of our daily lives and affects how we live, work, play, and even heal. Comfortable homes, functional workplaces, beautiful public spaces — that's interior design at work. Designers craft spaces that anticipate our needs and appeal to our emotions while pulling from a broad set of skills and technical knowledge. In this Elective, you will consider the use of textiles, materials, colour, space planning, health and safety and sustainability.



FASHION ILLUSTRATION

During this Elective, you will explore fashion illustration through a variety of creative media, including paint, pens, pencils, and collage. Learn key illustration techniques such as line, colour, texture, and proportion, while experimenting with different ways to represent fabric, movement, and detail. Develop your skills by illustrating favourite outfits and exploring a range of fashion styles, from casual wear to more experimental designs. The course encourages creativity, personal expression, and confidence in using mixed media, resulting in a collection of individual and imaginative fashion illustrations.

NEW INTERIOR DESIGN MASTER

Working to a client brief, you will plan, design and build a 3D model of a room that meets their needs and reflects your own unique style. With creativity, smart thinking and attention to detail, you'll compete to prove you have what it takes to be crowned the Interior Design Master!

JEWELLERY MAKING

You will be using a variety of creative techniques and learning how to upcycle found materials to create your own jewellery. Create necklaces, bracelets, earrings and brooches. Perfect to give as a gift!

LASER CUT JEWELLERY

Students will pick a theme/ art movement of their choice and design a piece of laser cut jewellery to be made in acrylic and plywood. Students will research via moodboards, design by hand and learn how to use CAD-2D Design in order to use the laser cutter and make their jewellery. Jewellery will be finished and assembled using standard components, e.g. chains and clasps.

NEW LEGO MASTER

Looking for something creative, hands-on, and a little different? In this Elective, you will build, design, experiment, and collaborate in a relaxed and friendly environment. Take on engineering challenges, create imaginative projects, or enjoy free-building to bring your own ideas to life. Each week offers something new while helping you develop problem-solving, teamwork, creativity, and resilience. All materials are provided—just bring your curiosity and willingness to have a go.

LET'S GET COOKING (KS3 ONLY)

Get confident cooking and learn how to make a selection of different sweet and savoury dishes. Each week we will learn a different skill and make delicious food to take home and enjoy.
REQUIREMENTS: Ingredients will be required each week.

MANGA ILLUSTRATIONS

The Manga Illustrations Elective gives you a chance to learn how to draw the different styles of manga artists and find out about the history of Manga and Anime and how it has developed over time. You can bring in and share Manga artists that inspire you and workshops for different features in Manga.

MINDFUL ORIGAMI

Discover the art of Origami! Originating from the Japanese words "oru" meaning 'to fold' and "kami" meaning 'paper', Origami is the practice of folding paper into intricate designs. It not only creates beautiful pieces but also enhances mindfulness and focus by immersing oneself in the present moment. This Origami Elective will guide you through the fundamental techniques of paper folding, ensuring a solid understanding of the basics, before building on this to develop more complex designs. This Elective is accessible to all skill levels, learn a new skill while enhancing your focus and awareness.

PAINTING WITH WATERCOLOURS

Want to paint like the great masters of British watercolour? This Elective is for you! Discover the techniques to create paintings which capture the light and mood of the natural world. Throughout this course you will build up a range of techniques and create a portfolio of watercolour "sketches". You will have the opportunity to create a final painting using all your skills.

PET PORTRAITURE

Explore the calming world of pet portraiture in this creative and enjoyable Elective. Students will experiment with a range of artistic techniques, including watercolours, chalk and charcoal, pop art, and pencil crayons, learning how each medium can bring an animal's personality to life. Whether you adore sketching your own

pets or simply enjoy drawing animals in a relaxed, supportive environment, this course offers the perfect space to unwind while developing your artistic confidence. With guided projects, playful exploration, and plenty of opportunities to personalise your work, this Elective is ideal for anyone who loves to combine creativity with a soothing artistic experience.



NEW PHOTOGRAPHY

(KS4 ONLY)
Select Photography as one of your KS4 Elective choices for an afternoon of creativity, editing, and seeing the ordinary in an unusual way. No prior experience is needed, and you don't need your own SLR camera although you're welcome to bring one if you have it. Some sessions will include photography walks, so you may wish to bring a coat.

NEW PLAYWRIGHT

Learn the craft of scriptwriting and bring your ideas to life. Over the course of the term, you will learn how to structure and lay out a stage script, how to develop interesting and watchable characters, and techniques you can use to make your own play more engaging.

NEW POTTERY THROW DOWN

Develop your skills in ceramics by exploring hand-building techniques and using the potter's wheel. Students will learn to decorate their work with ceramic pencils and glazes while developing creativity, craftsmanship, and confidence in working with clay.

NEW PRINTMAKING (KS3 ONLY)

Select the printmaking Elective to experiment with a variety of techniques, using both primary and secondary photographs across a range of themes. Develop your creativity while exploring different styles and processes within printmaking.

SOFT TOYS (KS3 ONLY)

Tired of your teddies? Why not come along to the soft toy Elective and make one of your own? No sewing skills required! You will learn a range of stitches to make and decorate your toy. Full of ideas? You can design and make your own pattern, or use one from our collection, anything from ghosts and frogs to ugly dolls or turtles. The choice is yours.

NEW SONGWRITING

Want to write a song like your favourite artists? This is a space for you to explore your musical ideas, develop your creativity, and learn the art of writing original songs. You will experiment with different styles of music as well as different software and recording equipment. You can produce your own work or collaborate with other aspiring songwriters.

NEW TASKMASTER

Based on the hit Channel 4 TV Series, Taskmaster, this Elective is designed to test the creativity, resilience and mental aptitude of teams of students. Each week students will be assigned a variety of tasks and be judged by the all powerful Taskmaster.



ASTRONOMY

Astronomy is full of exciting developments – from Tim Peake orbiting Earth to rovers on Mars and the search for distant planets. This Elective focuses on observational astronomy using simple tools like binoculars, telescopes, or smartphone cameras. It's open to everyone, from complete beginners to telescope owners and fans of shows like *The Sky at Night*. The course includes both theory and hands-on sessions, plus two evening observations (weather permitting).

WARNING: Never look directly at the sun, with or without optical aids.

BIRDWATCHING

Discover the fascinating world of birds and connect with the natural world through practising your observation skills, honing your identification skills and visiting local nature.

Practice identifying local bird species by sight and sound whilst developing a deeper appreciation for nature and conservation. Birdwatching encourages mindfulness by drawing your attention to the present moment and often surprises. Sturdy footwear and a dark, waterproof coat are a must.



BLOOD, BONES AND BODY BITS

This Elective is for anyone who is interested in the human body and how it works. Throughout the Elective, we will explore some of the major organ systems, carry out some dissections as well as building models of organs. This is definitely not one for the squeamish!

BOOK CLUB

Join other book lovers to read and discuss your favourite books and discover new and exciting reads.

BULLET JOURNALING

With mental wellbeing much higher on everyone's agenda over the last few years, bullet journaling is a great opportunity to step back and be thankful for things you've accomplished that day. Creating a bullet journal is just as fun as filling it in; we will look at writing in different fonts and other techniques and illustrations.

CARD GAMES

There are 52 cards in a pack and thousands of games you can play with them. Join the Card Games Elective to learn new games like *Cabo* and *Racing Demons*, enjoy classics like *Rummy* or *Cheat*, or channel your competitive spirit into a fun game of *Snap*. It is a great way to build strategy, stay focused, and have fun with friends.

CATMOSE NEWS

Come and create a Catmose News Team - reporting on events and issues related to Catmose students. We will look at different media to present the news: newsheets, blogs and YouTube - students' input will help to determine not just the content of the news itself, but the medium they use, all to support you to create your own College magazine.



CHESS

Learn the basics of opening theory, awesome tactics, spotting traps and calculating trades - all the skills students need to destroy their opponents. Then play some chess.

CODING

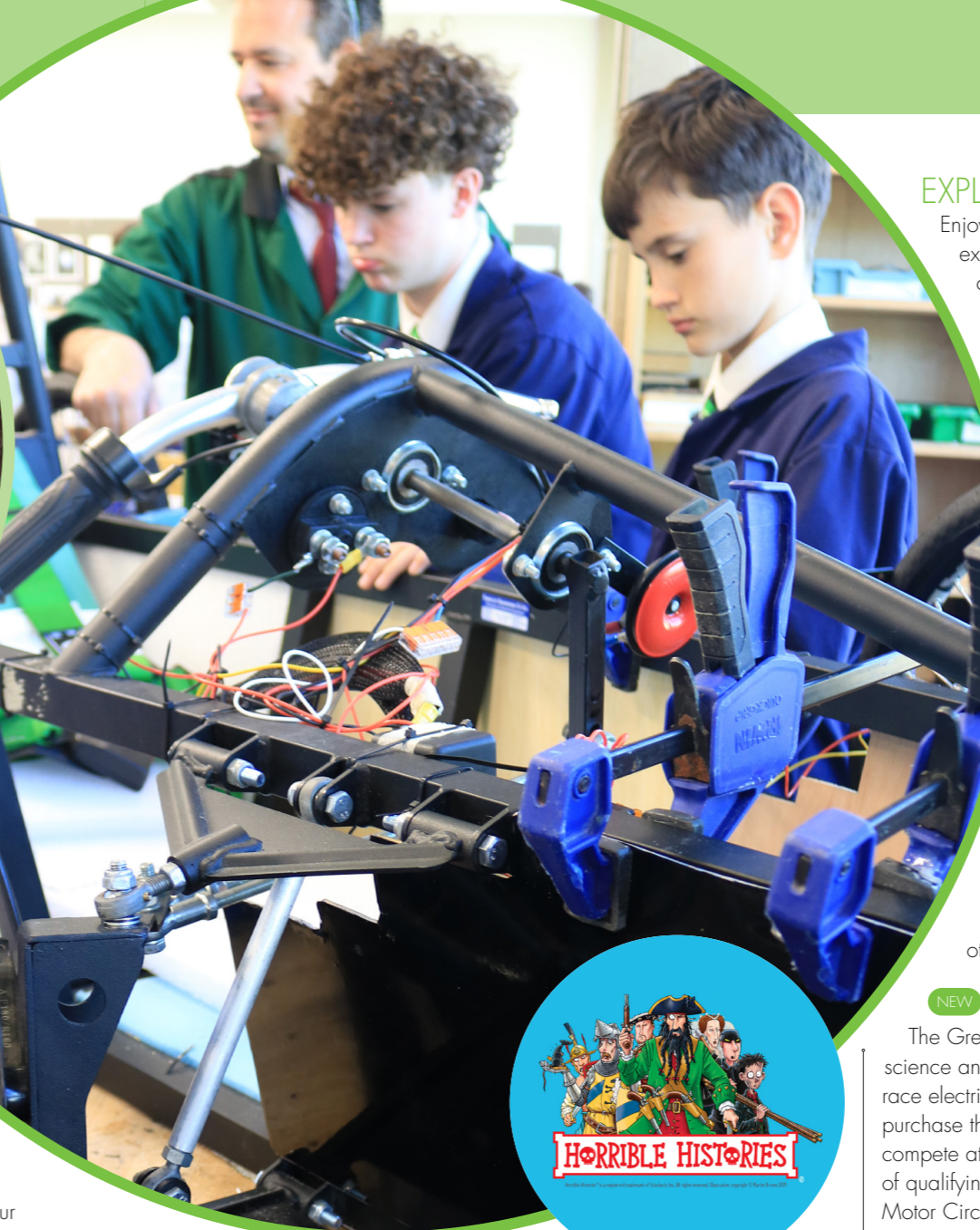
If you enjoy making things work, are fascinated by coding and love maths, this could be the Elective for you. Its aim will be to give you a glimpse into how coding can be used in maths. Computers and coding are revolutionising what we can do with maths. You will deepen your understanding of maths, develop your coding skills in Scratch (Year 7) or Python (Year 8 or above) and enrich these by guiding turtles, creating computer art, drawing fractals, encoding and decoding messages and more.

NEW COLLECTIVE WORSHIP

Do you have a Christian faith, or would you like space to explore it further with like-minded students? This elective focuses on Christian Collective Worship, offering time for worship and music, reflection, prayer, creativity, and discussion. Together, we will explore faith in an open and supportive environment. You don't need to have all the answers—just an open mind and a willingness to reflect and grow.

NEW CRYSTAL CALM

Crystal Calm is a gentle, engaging wellbeing Elective that helps students build self-awareness, emotional balance, and calm in everyday life. Using crystals for reflection and focus, pupils explore how energy, thoughts, and emotions affect their feelings and responses. Through meditation, grounding activities, and guided discussion, students learn practical strategies to manage stress, cope with overwhelming moments, and choose calm over chaos. The course promotes mindfulness, confidence, and positive self-regulation in a supportive environment. Students will also learn how to choose, cleanse, and charge crystals, and create their own crystal bracelet.



CSI CATMOSE

One of the students' favourite teachers has been found with a knife in their back, but who is responsible? Join the CSI Catmose squad to investigate this mystery and uncover the culprit. Was it jealousy, or perhaps a secret stash of whiteboard markers? Each week, students will use real forensic techniques, including fingerprinting and microscopy, to eliminate suspects and determine which teacher should be locked up for life.

DUNGEONS AND DRAGONS

This Elective offers an opportunity to play the dungeons and dragons board game, build characters and complete a short series of games over the course of the Elective.

ESCAPE ROOMS (YEAR 9-10 ONLY) £30 PER TERM

Step into a world of puzzles, clues, and teamwork in this exciting Elective! In Escape Room Challenge, students will work together to crack codes, solve mysteries, and beat the clock in a series of themed adventures. The course develops critical thinking, creativity, and collaboration, making it perfect for students who enjoy a challenge and thinking outside the box. In the final two weeks of term, students will use escape room rucksacks and visit local escape rooms to test whether their team can beat the clock.

EXPLODING MINDS (KS3 ONLY)

Enjoy a fun, hands-on afternoon of science with exciting experiments, explosive demonstrations, and mind-bending challenges. From chemical reactions to physics puzzles, this interactive Elective is perfect for anyone who wants to explore science and have fun.

FRENCH CONVERSATIONAL LANGUAGE

Thinking of joining the French exchange to Paris or just want to boost your everyday French? This conversational French Elective is perfect for practising useful phrases for home, meals, cafés, shops, and texting with a French partner. You do not need to be going on the exchange. It is also great if you just want to improve your French or impress the family on holiday.

GEOGUESSR

If you were to be dropped anywhere in the world on Google maps, could you locate exactly whereabouts you are, by looking for clues around you? Each week is a new location, from Rutland, to the whole UK, to Europe, to South America. You'll learn what signs and hints to look for to help you narrow down your possible location and compete with others to see who can get the closest.

NEW GREENPOWER

The Greenpower Education Trust inspires young people to explore science and engineering by challenging them to design, build, and race electric cars. Catmose College students have fundraised to purchase their own electric vehicle, the *Catmose Comet*, and will compete at motorsport venues in Greenpower events with the aim of qualifying for the Greenpower International Finals at Goodwood Motor Circuit in October. This Elective takes place during the school day but also requires commitment to weekend race events. See Mr Thompson or Mr Foxall for more information.

HAIR AND BEAUTY (YEAR 7-8 ONLY) £20 PER TERM

Learn the importance of skincare routines and the basics of hairdressing techniques. You will be taught how to straighten and curl hair effectively, make a lip balm, practice some nail art and perhaps even make a face mask or bath bomb. A relaxed introduction to the world of beauty therapy.

HARRY POTTER CLUB

Explore the magical world of Harry Potter. Find out what house the Sorting Hat would put you into and take part in competitive quizzes to see who knows the books and films the best.

HORRIBLE HISTORIES (KS3 ONLY)

Love the gross, gruesome, and giggle-worthy side of history? Then this Elective is for you! Step back in time to discover disgusting facts, rotten rulers, vicious Vikings, deadly diseases, and stories your history lessons do not dare to tell. Each week, we will explore the past through games, quizzes, drama, crafts, and shocking stories inspired by *Horrible Histories*. Expect laughs, surprises, and plenty of "Eww!" moments while secretly learning loads. History has never been this horrible or this fun!

HORSES AND HORSE CARE

Learn all about horses and their care, with a combination of theory work and practical activities.

NEW LANDSCAPING

Help transform a disused outdoor area into a sensory garden and student-run allotment. This hands-on Elective involves designing, building, and shaping the space from the ground up using real tools and materials. Along the way, you will develop practical skills in design, construction, and teamwork that are valuable for future jobs, college courses, and DIY projects. Perfect for students who enjoy being creative, working outdoors, and making a lasting impact on the school.

LOGIC PUZZLES

This Elective will help students to improve their logical thinking, deduction, reasoning and organisation skills whilst having fun solving logic problems in groups or independently. There will be various levels of challenge, from beginners to advanced, but no previous experience is needed.

NEW MARVEL MOVIE CLUB (KS4 ONLY)

Marvel Studios fans, assemble! In Marvel Film Club, students will watch a Marvel film each week and enjoy relaxed discussions about storylines, characters, hidden details, plot twists, and power levels. Whether you are a long-time fan or just beginning your Marvel Cinematic Universe journey, this Elective offers a friendly space to chat, laugh, and enjoy all things Marvel. Bring your best theories and join us for a weekly dose of superhero fun.

MUSICAL MOVIE CLUB

Escape into the world of musical films. Over the course of the Elective, students will be able to watch a range of different musicals that have been adapted to the 'Big Screen', such as 'Wicked' or 'Hairspray'. Students can enjoy the unique blend of storytelling, music and spectacle. A perfect way to spend the afternoon!

NEW ORACY AND DEBATING

(ACADEMIC SCHOLARS ONLY)

The oracy and academic scholars Elective will equip you with transferable skills for higher education and future careers. Students will learn about debating, interview techniques, CV writing, team work and more. This Elective will prepare you for the all that the scholarship programme offers.

PARLIAMO UN PO'

A series of conversational Italian lessons designed and delivered by a native speaker with the complete beginner in mind. Each lesson will be centred on a key topic (greetings, asking questions, making requests, talking about family and friends, describing objects and places, making plans). The course aims to teach relevant vocabulary and phrases that can be useful on holiday. The learner will be able to reflect on grammar points, whilst gaining some insight into Italian culture through the use of interactive activities, and opportunities for listening and speaking practice.

NEW PLANT LAB

In this Elective, you'll have the opportunity to plant seeds, care for them as they grow, and see science come alive right before your eyes. Along the way, you'll uncover how ecosystems work, investigate what plants need to grow well, and learn why plants are so important for people, animals, and our planet.

NEW QUIZZES AND TRIVIA

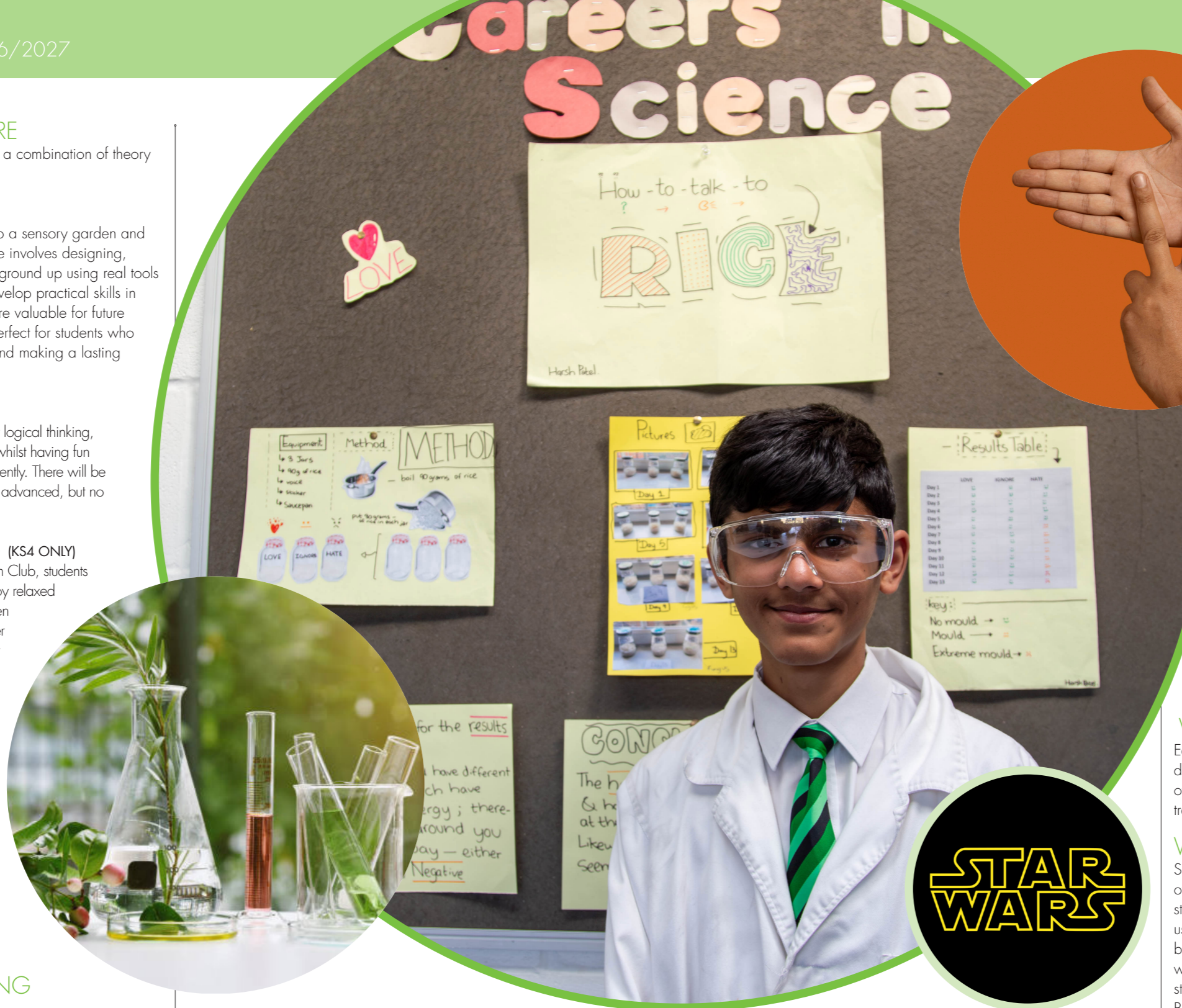
Would you like to impress your family and friends with a whole variety of interesting facts? If so, the Quizzes and Trivia Elective is your chance to learn all sorts of new knowledge by taking part in competitive quizzes, gameshows and trivia games. You'll also get the chance to invent new games, and come up with your own trivia questions to try and beat your rivals!

RACE ACROSS THE WORLD

Have you ever wanted to take part in the hit TV series, Race Across the World? Now is your chance to see if you would have what it takes... Over the course of the Elective you will need to use your initiative, research skills, and budgeting skills, to get from your starting point to individual checkpoints, making your way to an unknown final destination. You will have the opportunity to work to earn more money, but you must remember that this is a race - the first across the finish line wins!

NEW ROOT AND BRANCH OUT

Step away from the books and into the fresh air with Root and Branch Out. Learn practical gardening skills, grow your own plants,



and enjoy a welcoming space to relax and connect with others. Perfect for both beginners and experienced gardeners.

SCIENCE FAIR

What frustrates you in your daily life? Are there serious world problems that you think need solving? Have you always dreamed of inventing something that could be of importance? Then consider joining this year's Catmose Science Fair, where you can prepare your ideas to solve the problems that you are facing. The Science fair will take place in Term 5, where there will be prizes to be won!

SIGN LANGUAGE

For beginners - finger spelling, family, feelings and real world interactions such as ordering in a cafe.

NEW STAR WARS UNIVERSE

Explore what makes the Star Wars universe so exciting and popular. This Elective looks at the real-life science, storytelling, and filmmaking behind one of the most successful film franchises in the galaxy. Along the way, students will discuss questions such as what makes a great Star Wars film and why Grogu (Baby Yoda) is so cute. Over six weeks, they will create their own characters, vehicles, and alien worlds before storyboarding an original Star Wars adventure.

VIRTUAL TRAVEL AROUND THE WORLD

Each week students will explore a new destination through travel documentaries, finding out about travel advice and the awe wonder of different places. Explore passport/visa etc requirements, useful travel information, culture and cuisine.

VIVA BRASIL!

Spend six weeks exploring the culture, landscapes, and language of Brazil while learning some Brazilian Portuguese. Each week, students will discover different aspects of Brazilian life and practise useful words and phrases, including how to introduce themselves, buy food, and talk about music, sport, and literature. Along the way, they will journey from the Amazon rainforest to bustling cities, stunning beaches, and southern savannas, while learning about Brazil's history and vibrant celebrations.

WRITE A BOOK

Unleash your creative writing skills: in this Elective students will plan, write, and bind a short novel. You could write an adventure epic, a spooky gothic tale, a comic book - you will have full creative freedom. At the end you will have written a whole real book which you can take home.

NEW YEARBOOK AND PROM COMMITTEE

(YEAR 11 ONLY)

Help create the College Yearbook, a lasting record of the year's memories, achievements, and milestones. In this Elective, students will choose a theme, take and select photographs, create content, and contribute to the design of the final publication. Students will also take part in the Prom Committee, planning and running fundraising activities to support their chosen theme.

BADMINTON

Get fit and hone your reflexes in one of the fastest racquet sports around. Badminton is an easy sport to pick up, but a hard one to master. In this Elective, you will learn the basics of badminton and play plenty of competitive games. **REQUIREMENTS:** PE kit.

BOWLING - £65 per term

A sport that requires less stamina than most but much more skill than many others. Whether you are looking for a professional sport to learn or a casual entertaining game to pass the time, ten-pin bowling is the perfect game for you. It is simple, easy to understand, and incredibly fun and exciting.

REQUIREMENTS: a packed lunch

CLIMBING - £40 per term

Learn to climb on a 15 metre high climbing tower which will be a challenge for everyone. With 8 lines, each with multiple graded routes, it has a gentle slab, two vertical faces and an extreme 30 degree overhang!

REQUIREMENTS: a packed lunch, closed toe shoes ie. trainers and suitable sports clothing (not jeans or skirts)

CRICKET

To learn or develop basic skills of batting, bowling, fielding and being part of a team.

REQUIREMENTS: a packed lunch

DARTS

Join our exciting Darts Club and have fun while building your skills! Students can compete in singles, doubles, and team games using a dart board in a friendly, supportive environment. Improve your maths skills by keeping score, boost teamwork through group play, and develop accuracy with every throw. Whether you're a beginner or experienced player, there's something for everyone!

DODGEBALL

Dip, duck, dive and dodge! This Elective will give students the chance to learn a new sport. Dodgeball combines agility, speed, power and teamwork. Sessions will be game based and allow students to develop their playing, officiating and leading skills.

REQUIREMENTS: PE kit.

DUKE OF EDINBURGH'S AWARD 

The Duke of Edinburgh's Award is a balanced and progressive programme of activities for young people. It focuses on individual achievement in which any young person can take part and which everyone can enjoy. It is flexible enough to meet each young person's enthusiasm and aptitudes whatever their background or ability. There are three levels of the Award; Bronze, Silver and Gold. At each level young people choose activities from all three sections – Volunteering, Skills and Physical. There is also the expedition to complete. Participation in the Award leads to personal development through the acquisition of: qualities – self motivation, commitment, self-awareness, initiative, persistence, self-discipline and responsibility for both themselves and their community. Key Skills – Working with others, communication, problem-solving.

COST £270 FOR THE BRONZE AWARD AND £320 FOR SILVER AWARD

NEW **FLAT GROUND BEGINNER SKATEBOARDING**

Beginner's skateboarding will focus on core skateboarding skills and then will aim to develop flat ground tricks over the term.

REQUIREMENTS: You must bring your own skateboard, helmet and pads for this Elective.

FOOTBALL

Students will be given the opportunity to improve their skills through individual practices and exercises. Each week, they will play in small-sided games, interacting with all the other students in the Electives within a 4 or 6 team tournament.

REQUIREMENTS: PE kit.

GOLF - £28 per term

A course of lessons for the beginner or intermediate player; learn the basics of the game on the range with a golf professional: tee off, the short game and putting. The course ends with a competitive game on the nine hole course. **REQUIREMENTS:** a packed lunch

HIKING

Get to know the area around Oakham by joining the hiking elective. In this elective, you will be guided on a local hike every week. Walking is one of the easiest ways to get fit, active, become healthier and it can also help improve your mental well-being.

REQUIREMENTS: PE kit, walking boots or sturdy outdoor shoes and a waterproof coat.

HOCKEY

This Elective will introduce students to the rules and basic skills of hockey and is perfect for those who are interested in trying hockey for the first time. The focus will be on developing confidence, controlling and moving the ball in different ways, before progressing onto skills to beat defenders.

REQUIREMENTS: PE kit.

NEW **ICE-SKATING** - £52 per term

Whether you're a beginner who wants to skate without falling or a skater who wants to learn some new techniques, come and spend an hour at Peterborough Ice rink. A professional coach will help you improve, whatever your standard, or you can just practise your skating by yourself. Either way, you'll have a great time. **REQUIREMENTS:** a packed lunch, gloves, long socks, stretchy trousers (not jeans) and a jacket

IMPROVING FITNESS

Students will improve their fitness in a 60 station gym featuring state of the art techno gym equipment. The instructors will tailor a programme to suit areas that students would like to work on. Improve their cardiovascular fitness on the running machines, muscular endurance on the rowing/cycling machines and tone up their muscles on the weight machines.

REQUIREMENTS: PE kit.



MORRIS DANCING

Morris dancing is a form of English Folk Dance. It is based on rhythmic stepping and the execution of choreographed figures by a group of dancers. Sticks, swords, handkerchiefs, and a variety of other implements can often be wielded by the dancers. No previous dance experience is necessary, it is fun to have a go.

MULTI-SPORT

The multi-sport Elective is designed to offer students the chance to experience a range of different sports. These will include lacrosse, football tennis, capture the flag and more. Students picking this Elective should be prepared to go outside or be indoors bringing suitable clothing for both each week. Students will develop new tactics and skills in teams and as individuals.

REQUIREMENTS: PE kit.

NETBALL

Netball is an exciting, fast and skillful game of fair contest which can be played in different formats. It has a long history and is a game in which two teams each strive to keep or gain possession of the ball. The team with the ball, through running, jumping, throwing and catching, attempts to move the ball into its goal circle from where a goal may be scored, while the opposing team uses defensive movements and strategies to prevent this and to gain possession.

REQUIREMENTS: PE kit.

ROUNDERS

Rounders is a fast and exciting game, which provides players with the opportunity to develop batting, bowling, fielding and running skills. These skills can be transferred to lots of other sports. It is a non-contact sport so players of all abilities and ages can participate. Most importantly, rounders is fun and fosters great team spirit. Each session will involve practising different skills and putting them into practice in a match. **REQUIREMENTS:** PE kit.

RUGBY

This Elective is delivered as either full contact rugby or touch rugby depending on players suitability and experience. The main focus is to allow students to develop their technique and understanding of the game. Students will learn to pass, tackle, contest for the ball and scrummage. The game is fast paced and players can pass and kick the ball with the aim being to score a try. **REQUIREMENTS:** PE kit, suitable footwear for the field, it is also advised that students have a gum shield.



NEW RUNNING

If you want to get into running or you are a keen runner already, then this is the elective for you! This elective will build towards running a 5K comfortably around our lovely scenic local area of Rutland Water and Oakham, and provide you with the opportunity to get out in the fresh air on a Wednesday afternoon. **REQUIREMENTS:** PE kit.

SCOTTISH COUNTRY DANCING

Learn the steps to some traditional Scottish Country dances - no dance experience or ability needed, those with two left feet equally welcome. Scottish dancing is about having fun! Have a laugh and build your skills so that if you ever get invited to a ceilidh you're ready to have a ball. **REQUIREMENTS:** PE kit.

NEW SNOWBOARDING - £64 per term

Come and try the adventurous sport of snowboarding at Tallington Lakes this term! Whether you're a beginner or at an intermediate level, experienced instructors will support you in learning about the equipment and help you perfect your turning technique & get you ready for the slopes. **Requirements:** a packed lunch, gloves, long socks, salopettes or stretchy trousers (not jeans) and a jacket.

TRAMPOLINING

Trampolining is the place to be for fun, stamina, strength, flexibility, co-ordination, confidence and helps make the garden trampoline a safer place to be. Work through your BG levels from 1 to 15 concentrating on each specific requirement.

REQUIREMENTS: PE kit.



NEW WATERSPORTS - £46

This is a fun introduction to the basic skills required for watersports. You will have the opportunity to experience paddle boarding, kayaking, and raft building at Whitwell, Rutland Water. **REQUIREMENTS:** a packed lunch, swimwear, a towel, trainers or shoes that can get wet and sun cream



WORLD DANCE

Exploring the world through Dance. Each week learn a different style of dance and then put it into practice by choreographing your own piece. Everything included from Bhangra to Flamenco!

YOGA

Yoga is the union of mind and body. It is a perfect activity for a mindful yet strengthening workout incorporating breathing exercises, meditation and poses designed to encourage relaxation and reduce stress. No experience necessary. **REQUIREMENTS:** PE Kit, water, yoga mat (optional)



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