

KS4 - PHSE

	MENTAL HEALTH AND SAFETY	HUMAN RIGHTS	SEXUAL HEALTH	WORK AND FUTURE	RESILIENCE	FINANCE AND STUDY SKILLS
YEAR 10	<ul style="list-style-type: none"> • Causes and symptoms of depression and stress • Advice for students suffering from depression and stress • Impact of depression and stress on relationships and families • Bipolar disorder • Schizophrenia • Autism • Causes and signs of self-harm • Stigma and discrimination surrounding self-harm • Advice for students regarding self-harm • Signposting to agencies to help • The importance of sleep 	<ul style="list-style-type: none"> • What are rights and responsibilities? • What basic human rights do people have? • What charters are in place to protect rights? • How and why do people's rights sometimes come into conflict? • What happens when people's basic human rights are infringed? • Developing empathy and understanding – actions and consequences • Identity and diversity (including diversity within the UK) • Prejudice and stereotypes • Equality Act 2010 • How do Human Rights work? <p>Human Rights – attitudes and actions</p>	<ul style="list-style-type: none"> • Personal relationships • Romantic relationships • Healthy relationships • Cross-cultural relationships • Same sex relationships • Abuse within relationships • Changing family relationships • Marriage and civil partnerships • What are the differences between traditional modern marriages? • What is cohabitation? • Arranged marriage and forced marriage • Investigating divorce • Contraception and STIs • Unplanned pregnancy • Sexual abuse and offences 	<ul style="list-style-type: none"> • Preparation for work experiences (to be reviewed in light of RA 2020 JRN) • Soft and hard skills • CV writing • Work life balance 	<ul style="list-style-type: none"> • Emotional well being • Catching Kayla project – looking at resilience in sport and careers • Re-framing failure • Resilience in school – study skills and preparation for mocks • Resilience in school – preparing to succeed 	<ul style="list-style-type: none"> • Being financially aware • Interest rates and borrowing • Credit and debit cards • Debt and pay day loans • Financial 'cliff' dilemmas and discussions • Fair pay <p>Tutorial content supplemented by Compulsory Elective sessions:</p> <ul style="list-style-type: none"> • Parental responsibility and successful parental characteristics • Different types of stable and committed relationships • Preparing for Work Experience • Heath Fair

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	HEALTH AND WELL BEING	HUMAN RIGHTS	CSE AND DOMESTIC VIOLENCE + T4	21ST CENTURY SKILLS	FINANCE AND EARNING/ REVISION SKILLS AND APPROPRIATE PREPARATION FOR EXTERNAL EXAMS	INTERVENTION
YEAR 11	<ul style="list-style-type: none"> • Personal relationships • Romantic relationships • Healthy relationships • Cross-cultural relationships • Same sex relationships • Abuse within relationships • Changing family relationships • Marriage and civil partnerships • What are the differences between traditional modern marriages? • What is cohabitation? • Arranged marriage and forced marriage. • Investigating divorce. • Contraception and STIs • Unplanned pregnancy • Sexual abuse and offences • Tutorial content supplemented by Compulsory Elective sessions: • Post 16 Option and Personal Statements • Self-image, self-identity and resilience • Resilience, negative thinking and re-framing • Facial recognition debate • Is Scientology a religion? • Interfaith dialogue and social action • Pilgrimage 	<ul style="list-style-type: none"> • What are human rights? • Black Lives Matter movement • Freedom of expression • Refugees and asylum • Making a difference • Exploring Prevent – extremism and radicalisation • Terrorism • Knife crime • Prejudice • Exploring stereo-types and discrimination 	<ul style="list-style-type: none"> • Brecks last game – child grooming and internet safety • Child Sexual Exploitation • Domestic abuse • Pornography and healthy sexual relationships • Relationship abuse • Consent • Sharing sexual images • Courts and sentencing • Juvenile and adult criminal systems 	<ul style="list-style-type: none"> • What are 21st Century Skills? • Communication • Problem solving • Interview skills • Being proactive • What constitutes sexual harassment and why it is always unacceptable? • Letters of application • CVs • Using online employment agencies 	<ul style="list-style-type: none"> • Payslips and tax • Pensions and savings • Finance – borrowing and debt • Gambling • Making revision active • Revision timetable 	