

MUSIC • DRAMA • SPORT • TRIPS • SCIENCE • ART • MEDIA TEAM • SUCCESS • FOOD TECH

# CATMOSE COLLEGE - A YEAR IN THE LIFE Connect

2017/18



TRIPS, D of E, CATMOSE DANCE FESTIVAL,  
SPORT, POSITIVE MENTAL HEALTH WEEK...  
AND MUCH MORE...

# HEAD BOY AND HEAD GIRL

Joe Betts and Molly White have held the roles of Head Boy and Girl for the 2017/18 academic year.



They were supported in their roles by Deputy Head Boys Cairan Hatcher-Devlin and Stephen Wilson, and Deputy Head Girls Becca Turton and Olivia Hunnikin



# YEAR 11 LEAVERS ASSEMBLY

On Friday 25 May, Year 11s celebrated their time at Catmose through their Leaver's assembly. The assembly featured performances from the Catmose College Jazz Band, Youth Choir and Mr Austin.

Their achievements were celebrated further through a number of awards to both students and staff.



# CATMOSE CHRISTMAS CONCERT 2017

On Wednesday 13 December we celebrated the start of Christmas with a wonderful evening of carols, beautiful music and drama at All Saints Church in Oakham. Our thanks to the staff, students, parents and guests for making it such an enjoyable evening.





## ICELAND PHOTOGRAPHY TRIP

Students from Catmose College travelled to Iceland from 21 – 25 February for a Photography trip on an epic scale. Experiencing snow blizzards, wind and pouring rain, the students visited waterfalls, mud pools and steam vents and were able to take dramatic images of their experience.

The trip included visits to the magnificent waterfall of Skógafoss, with its wide, thundering curtain of water 60m high, and to the small town of Vik, with its huge geometric sea stacks. Other visits included the National Park of Thingvellir, with waterfalls falling into a mile-long gorge, and the glacier of Sólheimajökull. Students met Icelandic ponies and were even lucky enough to see a Geysir erupt!

On the final day the group spent time in Reykjavik working on their street photography before flying safely home.

Find out more by reading Mr Williams' blog post <https://spwilliams13.wordpress.com>





# MADAGASCAR

From 14 - 17 March, over 80 students in Years 8 - 10 were involved in our production of Madagascar, A Musical Adventure. Starting with auditions in September, students took on roles as actors, dancers, choreographers, technicians, back stage crew, refreshments and front of house assistants. The musical was incredibly well received, and the students had a fantastic time preparing and rehearsing for the show.

As the show opens we learn that Marty the zebra is celebrating his tenth birthday at the Central Park Zoo with his friends Alex the lion, Gloria the hippo, and Melman the giraffe, yet he longs to experience life outside of the zoo's walls. The lead roles of Alex, Marty, Melman and Gloria were skilfully played by Tommy Sabberton, George Watt, George Clithero and Flo Rudkin respectively.

The whole cast and crew were amazing and it was particularly encouraging to see such talent among the younger students, knowing that we have so much to look forward to in the future.

The finale of this musical extravaganza was a Beach Party with some energetic dance routines, accompanied by glow sticks and LED balloons, much to the surprise and joy of the audience.

Special mention should go to Ruby Ray, Andrew Smith, Jessie Spry-Shute and Henrietta Gillie for their amusing portrayal of the four penguins. Also, to Michael Mellonie for his comedic and energetic performance of King Julien, Bay Mitchell who played Maurice and Lily Peace for her aggressive portrayal of the Old Lady.

Along with Mr Stone's support, the Technical Team, Matthew Miles, Sam Etchells and Thomas Selby (Lighting) and James Ward, Ji Weston, Thomas Diep and Scarlett Holton (Sound) were highly successful in running the sound and lighting for the production.

The Performing Arts team would like to thank everyone who was involved in this production, and we look forward to seeing you at our performances over the next year.



## YEAR 11 BASKETBALL SUCCESS

The Year 11 boys basketball team successfully progressed to the Team Leicestershire final to be held at the Leicester Riders arena. The road to the final saw them comfortably beat Ashby School in the quarter final before taking on Market Bosworth at home in the semi final. From the tip off the team utilised their full court press to great effect not giving Bosworth's players time to settle. On offence the team played freely and scored some excellent baskets through Hibbit, Seel and Bradley with guards Robertson, Gooding and Sabanski providing the killer passes, Gladwinfield came on to produce a very effective performance to help maintain the teams control and lead in the later stages of the game.



## FUTURE CHEF 2018

Monday 30 October once again saw Catmose play host to the school stages of the Future Chef 2018 competition. The event is a fantastic opportunity for all students across the College to express their passion for cooking in a competitive environment.

Nine students took part this year, each chopping, frying and baking their way to a chance to represent the College in the 2018 national Future Chef finals.

The challenge this year was to prepare, cook and present a hot main course for two people with a budget of £5 in under an hour.

We were delighted to be able to welcome back Kevin Speirs to join us as a judge for the competition. All students performed outstandingly well on the day and were true ambassadors for the College.

After a phenomenally close competition, there could only be one winner, which this year went to William McCabe of Year 8. William made delightful 'Summer in Winter' chicken. The 2nd place accolade was awarded by the judges to Thomas Cox, a student in Year 10 who made a tasty Chinese chicken tray bake.

On November 14 William and Thomas travelled to Loughborough College where they took part in the next round of the competition. The challenge they faced was to prepare, cook and present a main course and dessert within a budget of £7.

Both cooked fantastically and were a credit to the College, Congratulations to Will who won 2nd place in the competition.



## TRACK AND FIELD CUP

Thursday 17 May was the first round of the Track and Field Cup. All students did a fantastic job representing Catmose College with lots of "personal best" distances, times and heights recorded as well as many wins and top 3 finishes.

Most notably the Intermediate girls team (Year 9 and 10) won their section and will progress through to the next round.



# GERMAN EXCHANGE

During the German exchange of 2017, we got to do many things we don't have the opportunity to do in England, not only with trips and visiting Historic landmarks but also with learning and embracing German culture and language.

During the week we were able to travel to Heidelberg and visited impressive castles and tasted a 'Snowball' which was particularly special to Heidelberg itself. We took a trip to Ludwigsburg to cook traditional Swabian food called 'Maultaschen'. The story of Maultaschen goes that a monk received a large piece of meat during Lent. To prepare a meal that was supposed to be meat-free, the monk chopped the meat up finely then mixed it with spinach and herbs. He then hid the filling in small pieces of pasta dough so God wouldn't know.

As well as learning Swabian history in Ludwigsburg, we also got the chance to look around shops. However, on top of doing all these trips we got the chance to experience our exchange partners way of school life and the length of their school day and how lucky they are to not wear school uniform! It was extremely interesting to listen to day to day conversation and naturally we all picked up words and parts of vocabulary we wouldn't have already known.

During the weekend our partners organised what we would do, for some that meant going to football training and tennis practice and for others we got to meet up and go to a theme park! All outcomes were successful and very fun.

By the time the following Wednesday came it felt like we had a new family and countless amounts of tears were shed as we left our new found best friends and families. Overall the experience was one like nothing else and we had a great time.





# CATMOSE DANCE SHOW

In March over 40 dancers from the College along with pupils from Catmose Primary took part in the fourth Catmose Dance Show.

Performances ranged from emotional contemporary ballet solos, to high energy group dances. All dancers performed spectacularly in front of a full theatre audience.



# CHOCOLATE BAR COMPETITION

The Art department recently ran the Rutland Fairtrade Chocolate bar competition which received a fantastic response from students. After a great deal of deliberation 3 finalists were selected from over 50 entries to be considered by the Rutland Fairtrade Company. The finalists were Harrison Lang, Jessica Stanton and Ellen Wilson. These pupils were invited to develop their designs into a professional chocolate bar wrapper using Photoshop software, which were then judged by three representatives from Rutland Fairtrade. Overall, the judges were very impressed with the quality of all 3 of the short-listed designs. It was a difficult decision but the judges felt that the submission by Harrison Lang met the key requirements, commenting:

“We liked the hand drawn artwork which portrays the impression that the Rutland Chocolate bar is a premium souvenir product”

Harrisons winning entry will now be professionally produced and the Fairtrade product will be sold around Rutland. Congratulations Harrison!



# MUSIC WORKSHOP

On Wednesday 18 April a group of Year 8 students took part in a music technology workshop where they learned about DJing and Beatboxing. The students worked with two professional musicians, who demonstrated some of their own work, and then helped the students to create their own piece. The students played instruments, used the DJ and mixing equipment, and wrote their own lyrics to perform a Reggae song on the theme of 'school life'.

The workshop allowed students to think about potential careers in the music industry, and also developed their performance and composition skills. All of the students thoroughly enjoyed the day, and we look forward to making more music together in the future!



# OUNDLE FESTIVAL OF MUSIC AND DRAMA

## MUSIC

On Friday 23 March, a number of our music ensembles competed in the Oundle Festival of Music and Drama. The first group to perform was the Junior Choir, who performed two pieces - 'Just a Single Voice' and 'A Million Dreams'. The choir received fantastic feedback from the adjudicator, and gained a 1st place certificate and a shield. The next group to perform was the Chamber Choir, who were again commended on their overall tone, presentation and intonation. Following in the footsteps of the Junior Choir, the Chamber Choir also came away with a 1st place certificate and trophy. In the afternoon, our Jazz Band, Senior Flute Ensemble, Brass Band, Harington Band, Hannah and Maddy Thornley (duet), and Flo Rudkin (solo) all performed in the competition. The feedback for all groups was

unanimously positive, and the adjudicator commented on the teamwork demonstrated by all students, saying that the 'musical outcome was greater than the sum of its parts.'

Following on from our success at the Oundle Festival, our Jazz Band, Junior Choir and Harington Band travelled to Northampton on Saturday 24th March to take part in the regional festival of Music For Youth. All three groups again received extremely positive feedback, and the two adjudicators agreed that the students put on an extremely enjoyable performance.



## DRAMA

On Thursday 22 March 34 students travelled to Oundle to perform in the Drama classes at the Festival. The students were in Years 7-13. The students spent all day in the Queen Victoria Hall performing in the different classes; 'Solo Acting' and 'Duologues'. In the KS3 class of duologues there were 14 different performances and Catmose was awarded 1st, 2nd and 3rd place. Etta and Bay (who came first in the KS3 Duologue) were told by the adjudicator that they performed with a lovely sense of character and captured the fun of their piece (Blood Brothers by Willy Russell). Lia and Verity (in the same class) performed a convincing scene which was nicely staged (Fault by Ann Cartwright). Lily Peace (KS3 Solo Acting) came third in a class of 14 performers. She performed an extract from 'Daisy Pulls it Off' by Denise Deegan and demonstrated an excellent character as Daisy. Although Jack won the KS4 solo acting with 89% it was extremely close between him and Andrew Smith, who scored 88%. Both boys held the audience with an understanding of their pieces and the entertaining portrayal of their characters. Ruby and Imogen topped the KS4 duologues with a well controlled scene involving strong characterisation and good timing. Harington students also did very well and with Harry and Morgan scoring 90% in their duologue they were also awarded the Frieda Hodgson Cup.

All of the students were awarded a certificate for taking part as well as their judging notes from the adjudicator. First place winners were each given a medal. Well done to all of the students who took part. We are planning to return next year to see if we can claim even more awards.

Results:

**KS3 Solo Acting** Lily Peace - **3rd**  
**KS3 Duologue** Etta Gillie/Bay Mitchell - **1st**  
Lia Hornby/Verity Rawlings - **2nd**  
Isobel Dowling/Mollie Clithero **3rd**  
**KS4 Solo Acting** Jack Monaghan - **1st**  
Andrew Smith - **2nd**  
**KS4 Duologue** Imogen Koczulab/Ruby Ray - **1st**  
Holly Gregory/Kate Randle - **2nd**  
Charlotte Frost/Hannah Okoye - **2nd**  
**KS5 Solo Acting** Leigh Marshall - **3rd**  
**KS5 Duologue** Morgan Severn/Harry Warin - **1st**  
Place

Other students involved in the day: Elorm Awadzi, Bronte Cope, Meredith Dolecki, Kiera Edwards, Francesca Halford, Lauryn Hata, Pippa Hines, Jazmin Lee, Tom McEnery, Joshua-Lee Perkins, Samuel Pollock, Flo Rudkin, Eve Sloan, Lucy Turley, Chloe Walters and Katie Weston.



## PERFORMING ARTS TRIP - AMSTERDAM

In July, 36 students in Years 9 - 12 from Catmose College and Harington School travelled to Amsterdam for a Performing Arts Tour.

We performed twice on Thursday 5 July in two different places, one in the middle of a town called Noordwijk aan Zee and secondly on the rooftop of the NEMO Science Museum.

On Friday 6 July students performed on the street outside a shop in Raadhuisplein Zandvoort aan Zee. All of the performances were a great team effort involving getting all the technical equipment set up and taken down, performing and keeping everything as calm as possible to ensure a great performance. Including running on stage to stop the music blowing away!

The feedback received from members of the public who watched was wonderful, and it was lovely to see them getting into the spirit and dancing along while the pieces were performed.

When students weren't performing, they took a river cruise through Amsterdam, visited the Rijksmuseum, the Anne Frank

museum and explored the town of Noordwijk aan Zee. On Saturday we went to Efteling Theme Park as a way to end our amazing few days! Overall, the whole trip was incredible and I'm sure I can say on behalf of all the students a huge thank you to Mr Donnelly, Miss Jones, Mrs Mitchell and Mrs Newel, for such an amazing and enjoyable experience.

By Taiya Caffrey-Hall, Year 9.



# YEAR 10 ART TRIP TO VENICE

Recently 21 Year 10 art students travelled to Venice, Italy. It was an early start, but the excitement of flying to a beautiful and cultural city kept excitement high. We arrived to wonderful weather and the iconic streets of historic Venice around 5pm. Our first evening consisted of enjoying the sunset by the Grand Canal, taking lots of primary photos and eating a whole pizza!

After breakfast in the hotel, the group walked towards the iconic St Mark's square. Here we witnessed the extraordinary Piazza, with St Mark's Basilica, the Doge's Palace and the Bell Tower. We spent the morning looking around the Doge's Palace, where we saw Classical and Renaissance art and architecture from the greats, explored the political courtrooms and extravagant lifestyle of the elite and then crossed over to the prisons, which saw a dramatic contrast in style and architecture. Afterwards, we climbed to the top of the Bell Tower, which gave us an outstanding panoramic view of the city. After enjoying an authentic Italian lunch, we headed down to one of the most famous bridges in Italy – the Rialto. Here students were able to explore the traditional markets, enjoy the scenery and purchase souvenirs. Our day wasn't

over yet, as our final activity was the Venice Museum of Natural History. The collection was spectacular, ranging from fossils to an entire whale skeleton, which enabled lots of useful images and inspiration for students' coursework.

On Friday, we walked to catch our own private boat transfer to the island of Murano. The weather was beautiful and here we were given a glass blowing demonstration which showed the great skill and patience of the glass masters. Afterwards we were given the opportunity to explore the workshop and gift shop where they sold the world famous Murano glass. This was a fantastic opportunity which all students and staff will remember. After lunch, we explored the Galleria 'dell Accademica which hosts a vast range of pre 19th century art. In complete contrast, we later explored the Peggy Guggenheim museum with a fantastic collection of contemporary artists including Picasso and Jackson Pollock. On the last day, students walked the beautiful streets for the last time and explored the markets and iconic landmarks once again. The whole trip was a truly lovely educational and productive experience which will leave students and staff with memories which will last forever.



## BURGHLEY HOUSE ART TRIP

On Thursday 21 September, the Art department took over 100 Year 7 students to Burghley House, Stamford.

The students experienced a day full of exciting activities including a guided tour of Burghley House where they learned about how people lived in the Tudor times. We walked through the house, including the Tudor kitchen, and witnessed the beautiful Heaven and Hell rooms which had impressive painted ceilings.

Students then took a walking tour through the sculpture garden and had the opportunity to pick their favourite work of art to sketch. It was a beautiful day and there were lots of impressive sculptures to choose from.

After exploring the grounds, students participated in a workshop with the resident artist, where they used different coloured wire to create their own dragonflies and butterflies. Some of the work produced was incredible.





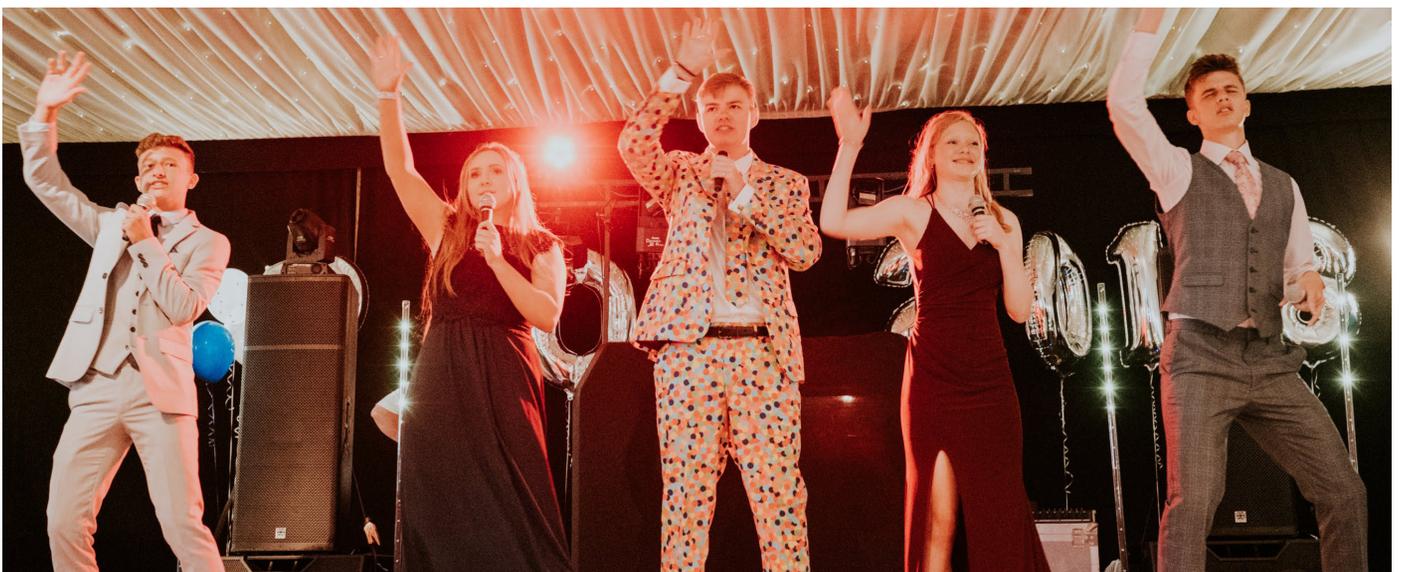
# PROM 2018

Year 11 Catmose College students celebrated the end of their exams on Wednesday 27 June with the annual Prom at Rutland Water Golf Club in Manton.

The students had planned a Midnight in Paris themed evening complete with silver and navy table decorations, casino tables, balloon displays and the hilarious photo booth. The sun shone all evening for our glamorous Year 11's to arrive in style, with transport ranging from campervans and sports cars to the rather impressive cherry picker!

Stuart Williams, Principal, said "The prom committee were amazing this year, beautiful table decorations, the casino and the ever so popular photo booth (particularly with staff) all added to the wonderful atmosphere. We will be sorry to see you go but look forward to seeing you again in the summer".







In April Catmose College held our first Positive Mental Health week. We at Catmose College do our best to support students who are affected by mental health issues. We have done a lot of work recently in directing students and their families to the most appropriate support when mental health has become a barrier to learning and attendance. We felt that it was the right time to celebrate the positive and proactive approaches that can be taken to cope with the pressures that we all face in modern life, and so we held the Positive Mental Health Awareness Week. Alice Burton, Year 10 has written an excellent round up of the week:

'Monday was a fantastic start to Catmose's Positive Mental Health Week. We are taking a break from mobile phones in school! Initially slightly controversial but as the day went on we found that our phones aren't as necessary as we sometimes think and that it is always useful to have a bit of space from the occasionally overwhelming social media.

Lunchtime was the brilliant Karaokeathon, kicked off with some amazing and not-so-amazing singing from the staff. The entire school was singing along together to 'Don't Stop Believing', 'Wonderwall', 'Uptown Funk' and 'Happy'. It was hilarious and I can safely say was a hit!

Assemblies from TOFU (Time Out For You), a support group for young carers, began today. They are kindly visiting and presenting assemblies throughout the week to all the year groups. To support positive mental health throughout the school day teachers have been running mini yoga sessions during lessons, messages of positivity have been circling the screens and the day ended with some relaxing mindful colouring in the gallery after school.

Positive mental health was being encouraged further throughout Catmose on Tuesday with an energetic Zumba session at lunchtime. The entire school danced together outside the restaurant, boys, girls, staff and students alike. It was a great way to let off some steam and forget about exam stresses by just enjoying dancing. After school there was a meditation session, which encouraged relaxation.

Positivity continued to be spread around school on Wednesday with some relaxing mindful colouring at

lunch on the hellerup. Colouring is a great way to be creative and take a bit of time out.

After school a pilates session took place in the gallery, continuing the calm and positivity at the end of the day.

Thursday saw more exciting events, with Bhangra outside at lunch for everyone to join in! It was a great display of the community at Catmose coming together for some fun, getting involved and enjoying themselves. After school there was some Tai Chi, helping students and staff to unwind after a busy day at school.

Friday was the grand finale to Positive Mental Health Week - the entire school were allowed to wear whatever they liked in an effort to raise money for local groups supporting young carers. The college was awash with colour and individuality as students celebrated the wonderful week we have had for a worthy cause.

At lunch was the College favourite - 'Catmose Has Talent!' where we all watched and cheered for our classmates and friends as they performed songs, dances and musical ensembles. We all enjoyed a rendition of 'Ice Ice Baby' swaying along to 'Hallelujah' and gasping at some daring Toy Story dance moves! To finish off the day there was Yoga in the gallery to unwind.

A huge thank you to all the amazing staff who organised the week and all the lovely instructors who came in to offer Zumba, Bhangra, Pilates and so much more throughout the week to help promote positive mental health.

The week's activities have really encouraged us to relax and step back from hectic everyday life - Positive Mental Health week was a success!

The question everyone is asking is 'When can we do it again?'

Should you know of any young person who needs support at present, you can direct them to see their GP, the School Nursing Team at all Primary and Secondary schools. There is also excellent support available online at [Kooth.com](http://Kooth.com) or [Youngminds.org](http://Youngminds.org).





## SPANISH SKI TRIP

In February half term, Year 8, 9 and 10 students took part in a skiing trip to Sierra Nevada in Spain. Two hours after landing in the famously hot summer destination of Malaga, students arrived at the hotel and unpacked, ready for the week.

While the weather on the first day was ominous – low clouds and heavy snow meant the mountain was cold and icy, and skiers could barely see their hands in front of their faces – the remainder of the week was bathed in glorious sun. From the top of the mountain, the views were spectacular. To the south, the edge of Africa could be seen across the Alboran Sea, and the sweeping plains of Spain stretched on to the horizon in the north.

Skiers spent their days in groups with instructors, starting on the beginner slopes and moving to bigger, more challenging runs as their skills improved. By the penultimate day, all the groups were confidently tackling some of the many red and blue runs that make up the resort.

The final day was an unexpected trip to the beach. The ski resort was closed at short notice due to strike action, so a trip to the historic town of Salobreña was arranged. Students took a walking tour of the castle walls, before eating lunch on the beach and spending the afternoon paddling, relaxing and partaking in a 5-a-side beach football tournament.

As always, the students did the College proud. There were positive comments about their behaviour and attitude from the various reps who assisted with the trip.

By the end, every student in the group, ranging from those who had never skied before to those who had plenty of experience, had gained from the trip and had memories that will last a lifetime.

## YOUTH SPEAKS

This year has been an extremely exciting year for Catmose College in Rotary's Youth Speaks competition. We had more students taking part, more teams entered into the competition and more success than ever before with our Year 7 team coming third in the National Final and Tom McEnergy being awarded best speaker in the UK.

Students from Years 7 to 10 spoke in their teams of three about a range of topics from footballers' impact on society to children's mental health.

It takes a lot of guts to stand up in front of more than a hundred people but the students did it superbly, and gained a lot from it! Taking part in the competition built up the students' confidence, resilience and knowledge on not just their own subjects, but on the topics dealt with by other teams.

The College is very proud of those who took part.

